

# Latasha McIlwaine, Ed.D., LPC/S, LCAS, CCS, SAP

MENTAL HEALTH/SUBSTANCE ABUSE THERAPIST/CLINICAL SUPERVISOR

PO Box 743  
Paw Creek, North Carolina 28130  
Cell 704-340-4666 • Fax 704-969-7298  
E-mail: lmcilwaine@insightful-options.com

## CURRICULUM VITAE

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### EDUCATION

**Argosy University ~ Sarasota, FL**                      May 2018 (Expected Graduation June 16, 2018)  
Ed D - Counseling Psychology                      Jan. 2015 to Jan. 2018  
   Sept. 2008 to Aug. 2011

**Webster University ~ Columbia, SC**  
Master of Health Administration                      Aug 2006-Aug 2008  
Master of Arts in Counseling Specialization in Mental Health                      Oct 2003-Oct 2005

**Johnson C. Smith University ~ Charlotte, NC**  
Bachelor of Arts in Sociology – Minor; Criminal Justice                      Aug 1993-May 1997

**Gaston College ~ Dallas, NC**  
**Certificate:** Basic Law Enforcement Training                      May 2004-Sept 2004  
**Courses-** General Psychology, Psychology of Personality

**Central Piedmont Community College ~ Charlotte, NC**  
**Certificate:** Human Services – Substance Abuse                      Jan 2000-Dec 2001  
**Courses-** General Psychology, Abnormal Psychology,  
   Developmental Psychology, Developmental Disabilities,  
   Teaching Developmental Disabled, Supported Employment

**Dissertation Topic- ASSESSING COUNSELORS' PERCEPTIONS OF THE EFFECTIVENESS  
OF A SUBSTANCE ABUSE PROGRAM FOR FIRST-TIME DRIVING WHILE INTOXICATED  
OFFENDERS**

## LICENSES AND CERTIFICATIONS

**License:**        **North Carolina Board of Licensed Professional Counselors**  
Licensed Professional Counselor #6691- Issued 9/14/2007  
Licensed Professional Counselor Supervisor #S6691- Issued 6/04/2012

**State of South Carolina Department of Labor, Licensing and Regulation  
Board of Examiners for Counselors, Therapists & Psycho-Educational  
Specialists**

Licensed Professional Counselor #5039- Issued 6/05/2009  
Licensed Professional Counselor Supervisor #5375- Issued 2/13/2012

**North Carolina Substance Abuse Professional Practice Board**

Licensed Clinical Addictions Specialist #1296- Issued 6/24/2008  
Certified Clinical Supervisor - # 9542 Issued 1/28/2014

**Certifications:**        Clinically Certified Domestic Violence Counselor #24404 Issued 5/10/2004  
                                 **National Association of Forensic Counselors**

                                 Clinically Certified Criminal Justice Specialist #24404 Issued 5/10/2004  
                                 **National Association of Forensic Counselors**

                                 Prime for Life Instructor Issued 10/16/2012  
                                 **Prevention Research Institute**

                                 ADETS Instructor Issued 11/08/2012  
                                 DWI Service Provider #51010 Charlotte NC and #51197 Gastonia NC  
                                 **North Carolina DWI Services/NC Department of Health and Human Services**

                                 ICAADC #202956 Issued 12/21/2008 / ICCS #706480 Issued 1/28/2014  
                                 **IC&RC- International Credentialing**

                                 Substance Abuse Professional (SAP) #20375 Issued 05/30/2013  
                                 **NAADAC CERTIFICATION COMMISSION**

**PREPARE ENRICH FACILITATOR # 1292879** Issued 07/21/2016  
                                 **Prepare Enrich**

                                 Master Addiction Counselor (MAC) #509349 Issued 08/31/2016  
                                 **National Certification Commission for Addiction Professionals**

**PROFESSIONAL EXPERIENCE**

**Founder/Owner/Director of Operations/Practice Manager      October 2006- Present**  
**Insightful Options, PLLC (Private Practice) ~ Charlotte, NC**

\*Manage and perform financial planning, analyze billing and account budgeting for mid-size practice with 3 offices, 1 on-location mobile office; Hiring and Training for 3 Employees, up to 20 contractors and up to 5-8 Interns & Volunteers; Create marketing for new referrals by building relationships and positive networking in community

\*Develop programs, coordinate services, provides assessments and therapy for MH, ID/DD, SUD, Anger Management, Domestic Violence, ADETS, DWI, Parenting Education and Employee Assistance Program (EAP)

\*Created and implemented IO, PLLC Internship Supervision Program- providing site supervision to student interns from BSW, MSW, Master of Counseling and Marriage and Family Programs in group and individual settings

\*Provide clinical supervision for LPC-A in NC and LPC-I in SC; Provides ongoing supervision for NCSAPPB supervisees and workshops- LCAS-A, CSI, CSAC-R, CSAC-I, CSAC; Provides specific DWI/DOT-SAP/COURT MANDATED SUBSTANCE USE ASSESSMENTS

\*Conduct human resource duties for hiring, interviewing and credentialing new hired contractors

\*Provide clinical, ethics and business consultations to Private Practices

\*Provide consultation with healthcare providers and private practice business start-up and in ongoing practice

\*Experience with LME Endorsement, Medicaid Requirements/Rules, CARF Accreditation/ Quality Assurance and credentialing new providers with various healthcare, EAP and insurance panels

\*Established two Authorized NC DWI, ADETS and TREATMENT Agencies-develop and coordinate substance use programming

**Complex Care Coordinator- Home-based      December 2017- Present**  
**Cardinal Innovations- Kannapolis, NC**

\*Provide coordination/consulting for members with complex needs to include MH, SUD, IDD & Medical Diagnoses

\*Coordinates and facilitates treatment team meetings; develop, strengthen and build community relationships

\*Conduct extensive documentation regarding member care with assessments and documentation of progress notation following the Medicaid Guidelines

**Adjunct Professor of Social Work      January 2014- Present**  
**Certified Field Instructor (Clinical)      August 2014- Present**

**Johnson C. Smith University ~ Charlotte, NC**

\*Social Work Business SWK 338 MA

\*Social Work Community and Organizations SWK 338

\* Provide up to 3 to 5 BSW/MSW Intern Students with clinical field working experience at Insightful Options, PLLC

**Access Clinician- Home-base      December 2014- December 2017**  
**Cardinal Innovations- Kannapolis, NC**

\*Provided members access to services that were experiencing a crisis with mental health or substance use need/ Provided Utilization Review Management (UM) with processing of treatment authorization request (TAR)

\*Knowledge of Medicaid Requirements/Rules and State Funding

**Adjunct Professor of Human Relations/Substance Abuse      September 2015- August 2016**  
**Pfeiffer University ~ Charlotte, NC**

\*Substance Abuse Internship- SAB 490 (Hybrid/Ground Course)

\*Substance Abuse Orientation- SAB 405 (Hybrid/Independent Study)

\*Human Relations Internship- MFT 530

**Substance Abuse Program Coordinator/OPT Therapist      September 2012- March 2013**  
**Piedmont Behavioral Resources ~ Shelby, NC**

\*Provided supervision and over-sight of SAIOP/ Managed 5 clinicians

\*Developed SUD program, coordinated services and provided group sessions

**Veteran Program Supervisor-Limited Contract  
Helton Manor West ~ Charlotte, NC**

**July 2011- March 2012**

- \*Managed 2 case managers with intensive care of 35 homeless veterans in residential facility
- \*Provided clinical mental health and substance abuse services to residents weekly

**Clinical Site Director-Limited Contract  
Heading In the Right Direction ~ Charlotte, NC**

**June 2011- October 2011**

- \*Managed and directed new office site that provided IAH, OPT, and TCM with a team of 13 staff members
- \*Provided clinical supervision to all licensed and provisionally licensed professional
- \*Developed marketing strategies to ensure program development and recruitment of staff

**Adjunct Professor-Part-time-Contract  
Gaston College ~ Dallas, NC**

**August 2011- December 2011**

- \*Human Services Department- HSE 110 Crisis Interventions and SAB 135 Addictive Process

**Substance Abuse Supervisor-Contract  
Youth Adult Care Management ~ Kannapolis, NC**

**February 2009- October 2010**

- \*Provided clinical supervision for substance abuse case management and community support teams
- \*Provided substance abuse assessments & intake; developed & coordinated substance abuse specific services

**Therapist/ Case Manager  
Dreamweavers, LLC ~ Gastonia, NC**

**December 2008- June 2009**

- \*Provided assessments, psycho-therapy/play therapy and coordinated services with ECI Team (ID/DD)
- \*Conducted parenting skill building sessions to educate parents on how to cope with ID/DD issues

**Clinical Care Manager  
Value Options ~ Charlotte, NC**

**March 2008- April 2009**

- \*Conducted administrative duties while processing authorization request and monitoring utilization reviews
- \*Conducted provider relation outreach to address Medicaid services, policies, procedures and implementations

**Intensive In-Home Team Lead- Therapist  
Family Preservation Services ~ Charlotte, NC**

**November 2007- March 2008**

- \*Conducted administrative duties and supervised three Qualified Mental Health Professional
- \*Coordinated services for mental health clients and the In-Home Jail Program; which included therapy for children/adolescents and their families

**Counselor II  
Carolinas Health Care ~ Charlotte, NC**

**May 2007 – November 2007**

- \*Conducted administrative shift management duties supervising six case managers on the ACT Team
- \*Conducted assessments and treatment for SPMI and Substance Abuse population

**Human Services Clinician  
Daymark Recovery Services ~ Concord, NC**

**September 2005 – April 2007**

- \*Conducted individual, family and group therapy to adults and adolescents with a mental disorder and/or substance abuse issues; conducted jail substance abuse and mental health assessments and groups
- \*Conducted emergency evaluations and consulted with emergency room doctors and jail administrators of client's mental health status

**Exceptional Children's Teacher (Substitute)  
Charlotte Mecklenburg Schools ~ Charlotte, NC**

**September 2004 – June 2008**

- \*Instruct 5-9 youth classified with specific learning disabilities and intellectual disabilities; conducted daily assessments of students in the program and utilized teaching methods to fit unique learning styles

**Mental Health/Substance Abuse Counselor-Practicum  
SC Department of Mental Health ~ Columbia, SC  
William S. Hall Psychiatric Institution**

**March 2005 – July 2005**

- \*Provided assessments, crisis intervention and diversion, case management and therapeutic interventions
- \*Conducted individual, group and educational counseling for dually diagnosed adolescents

**Volunteer Substance Abuse Counselor**  
**Uptown Men's Homeless Shelter ~ Charlotte, NC**

**November 2001 – May 2003**

- \*Counseled recovering addicts and alcoholics in a group setting at the homeless shelter
- \*Conducted individual therapy with clients as it relates to legal issues and substance abuse issues
- \*Assessed and developed individual treatment goals for recovering addicts and alcoholics assigned to the shelter's substance abuse program

## **RELEVANT WORK EXPERIENCE**

**Property Manager**

**July 2010 – Present**

**Self-Employed-Office and Housing Management~ Charlotte, NC and Fort Mill, SC**

- \* Provide property manager for 3 offices and 2 houses
- \* Complete processing of rental applications, background and credit checks for potential tenants
- \* Provide follow up for tenant request and concerns; maintained property by hiring contractors

**Armed Security Officer**

**May 2004 - September 2005**

**Private Security Firm ~ Charlotte, NC**

- \*Provide security at various sites in Charlotte; Attended and completed Basic Law Enforcement Training Classes (BLET)

**Probation Parole Officer II – Mental Health Officer II**  
**NC Department of Community Corrections ~ Charlotte, NC**

**June 2000 – April 2004**

- \*Supervised 105 offenders and 15 Mental Health offenders; supervised 15 domestic violence offenders

**Counselor**

**October 1999 – June 2000**

**United Family Services (Big Brothers Big Sisters) ~ Charlotte, NC**

- \*Conducted workshops, orientations, screenings and home visits; coordinated BBBS/JCSU Mentoring Program

**Detention Officer**

**December 1997 – October 1999**

**Mecklenburg County Sheriff Office ~ Charlotte, NC**

- \*Supervised 56 male inmates in a direct supervision facility; maintained confidential legal records

**Collections Officer**

**September 1997- December 1997**

**Traveler's Bank- Charlotte NC**

- \*Made calls to collect on past due accounts

**Assistant Director**

**June 1997- August 1997**

**LEAP Day-Care Center- Charlotte NC**

- \*Provided administrative task and coverage in center

**Group Home Counselor**

**June 1997- August 1997**

**MATTA- Charlotte NC**

- \*Provided group home coverage in a female facility; Provided adolescent activities and overnight coverage

**Juvenile Justice Court Counselor Co-Opt Student**  
**NC Department of Juvenile Justice ~ Charlotte, NC**

**January 1997- May 1997**

- \*Provided intakes and oversight for cases assigned by Court Counseling Supervisors
- \*Provided investigations and court reports of findings in open court

**Probation Parole Student Intern**

**September 1996 – December 1996**

**NC Adult Probation and Parole ~ Charlotte, NC**

- \*Provided assistance supervision to adult cases of 115 cases under supervising Probation/Parole Officer
- \*Assist on surveillance of probationers and provider office contacts weekly

**Waitress**

**February 1994- December 1997**

**Pizza Hut- Charlotte NC**

- \*Waited tables and prepared foods

**PUBLIC SPEAKING**

**Self Care & Work/Life Balance to Avoid Professional Burn-Out**

- \* Johnson C. Smith University MSW Program September 2014

**Career Choices Presentation**

- \*Gaston College February 2011

- \*Johnson C. Smith University March 2011, November 2011, December 2012, March 2013, September 2014; May 2015; September 2015

- \*Insightful Options, PLLC- Business Consulting and Networking Group November 2013

**TRAININGS, WORKSHOPS AND CONTINUING EDUCATION**

FIRST EVALUATION FOR INVOLUNTARY COMMITMENT, TRAUMATIC BRAIN INJURY, FAMILY-CENTERED PRACTICE IN FAMILY PERSERVATION PROGRAM, MEDICAL NECESSITY TRAINING, BEST PRACTICE DANGEROUSNESS ASSESSMENT, CPR-FIRST AID AND BLOODBORNE, INTENSIVE INHOME SERVICE, ASSERTIVE COMMUNITY TREATMENT SERVICE, MOBILE CRISIS SERVICE, CLINICAL SUPERVISION/ETHICS IN ALCOHOL AND DRUG COUNSELING TRAINING, PERSON CENTERED THINKING, PRIME FOR LIFE INSTRUCTOR'S TRANING, E508 TRAINING, DWI NEW PROVIDER TRAINING, NORTH CAROLINA JURISPRUDENCE EXAM- LPC, DEPRESSIVE DISORDERS IN CHILDREN AND ADOLESCENTS, CRISIS RESPONSE FOR ENHANCED SERVICES, COGNITIVE BEHAVIORAL THERAPY, MANAGING DEPRESSIVE SYMPTOMS IN SUBSTANCE ABUSE CLIENTS DURING EARLY RECOVERY, THE SUBSTANCE ABUSE PROFESSIONAL'S U.S. DOT ALCOHOL AND DRUG QUALIFICATION COURSE WITH NAADAC, CLINICAL SUPERVISION OF ALCOHOL AND DRUG COUNSELORS, EMERENCY SERVICES TRAINING, SAP RE-QUAILIFING TRAINING, PREPARE ENRICH FACILITATOR, TREATMENT REQUEST AUTHORIZATION TRANING

**Licensure 101: Questions Your Masters Program Did Not Answer (Workshop for NC LPC, SC LPC and NC-SAB)**

- \*Insightful Options, PLLC- March 2011 (ONGOING) - Developer and Presenter

**MEDIA FEATURES**

- \*"WHAT WOULD SHE DO?" Relationship Show- Charlotte's Local ACCESS 21 TV- Featured as **Relationship Expert** on Show Titles; "I'll Pass" and "Her Baby"

**\*Family Therapist News on Fox 46 Charlotte**

October 2015- Featured expert response on Domestic Abuse with Former Carolina Panther Player in the NFL

November 2015- Featured expert on Veteran's Day- Symptoms of PTSD

February 2016- Featured expert response on Body Language of Carolina Panther Quarterback after Super Bowl 50

September 2016- Featured expert response to Charlotte Former Mayor Re-Adjustment to Life after Release from Prison

March 2017- Featured expert response to Child Daycare Teacher Inappropriate Touching Students and What changes should parents look out for in their children

May 2017- Featured expert comments to "13 Reasons Why?"

May 2017- Featured expert response to Sexual Assault Charges and Arrest of Local Teachers; What parents should look for in student's behaviors

**INTEREST**

- \*Devoting quality time and travel with my sons that live with developmental disabilities

**PROFESSIONAL MEMBERSHIP/ SPECIAL AWARDS**

\*NAADAC #120571

\*ADDICTION PROFESSIONALS OF NORTH CAROLINA

\*JOHNSON C. SMITH UNIVERSITY BSW/MSW ADVISORY BOARD MEMBER

\*RECOGNITION OF NOMINATION FOR MSW FIELD INSTRUCTOR OF YEAR 2014-2015

References

Dr. Mary Hicks, MSW, LMSW, Ed.D., Program Director - Lodge C & Lodge D  
G. Werber Bryan Psychiatric Hospital; Hall Psychiatric Institute, Child &  
Adolescent Services, South Carolina Department of Mental Health; 220 Faison  
Drive, Columbia, SC 29203, Office: 803-898-2410; Telephone 803 237 1489

Dr. Natasha Douglas, LPC- Owner/ Executive Director- Steps for Success Family  
Services, LLC PO Box 43077 Charlotte NC 28215; Telephone 843 814 5782

Dr. Melvin Herring, Professor-JCSU 100 Beatties Ford Road Charlotte NC 28216;  
Telephone 704 330 1309

Marcus Torell Boyd, MA, LPC- 9514 Green Apple Drive, Charlotte, NC 28215;  
Telephone 704 299 6596